

An Alcoholics Anonymous Event with Al-Anon Participation

OTTAWA ALKATHON 2025

The Season of Gratitude

7th Tradition

WHERE: BRONSON CENTRE, 211 BRONSON AVENUE, OTTAWA (LISGAR ENTRANCE)

WHEN: NOON DEC 24 - NOON DEC 25 AND NOON DEC 31 - NOON JAN 1

Back-to-back AA meetings — plus speakers, music, food, games, and fellowship! Don't miss our New Year's Eve dance and celebration as we welcome 2026 together in sobriety!



See reverse, scan
QR code or visit
website for more
info on:

- **Volunteering** •
- **Hosting a Meeting** •
- **Food Donations** •
- **Financial Contributions** •



www.alkathon.ca

About the Alkathon

THE BASIC PURPOSE OF THE ALKATHON IS TO PROVIDE A SAFE AND SOBER ENVIRONMENT FOR THE NEW AND STILL SUFFERING ALCOHOLIC OVER CHRISTMAS AND NEW YEAR.

But... we are not a glum lot!

THE ALKATHON IS OPEN TO ALL WHO HAVE A DESIRE TO STOP DRINKING, AS WELL AS THEIR FAMILIES AND FRIENDS.

**THERE WILL BE BACK-TO-BACK AA MEETINGS — PLUS SPEAKERS, MUSIC, FOOD, GAMES, AND FELLOWSHIP!
JOIN FELLOW VOLUNTEERS TO HELP CREATE A WARM, WELCOMING ATMOSPHERE.**

**DON'T MISS OUR NEW YEAR'S EVE DANCE AND CELEBRATION AS WE
WELCOME 2026 TOGETHER IN SOBRIETY!**

VOLUNTEER!

The Alkathon runs entirely on service — and every helping hand makes a difference. From greeting members and making coffee to serving food or talking to newcomers, volunteers bring warmth, connection, and hope to those who need it most.

Sign up at www.alkathon.ca or email volunteer@alkathon.ca.

HOST A MEETING

AA groups are invited to host one of 30 meetings over Christmas and New Year. A lottery for meeting times will be held on **December 3, 2025**. Groups must register before the draw.

Visit www.alkathon.ca or email meetings@alkathon.ca.

FOOD DONATIONS

Food donations help keep the Alkathon warm and welcoming for everyone. We gratefully accept cooked and carved turkey or ham, mashed potatoes, vegetables, salads, sandwiches, desserts, and other ready-to-serve dishes. Contact food@alkathon.ca to coordinate.

MONETARY CONTRIBUTIONS

Our event is funded entirely by 7th tradition contributions from members and groups.

We are grateful for your support. Contribute via:

E-transfer (no password required): alkathonottawa@gmail.com

Cheque payable to: **Ottawa Area Alkathon**

Mailing address: Ottawa Area Alkathon 211 Bronson Avenue, Suite 16A, Ottawa, ON K1R 6H5

Cash contributions accepted at meetings or on-site during the Alkathon.

**If your group is contributing, include your group name in the e-transfer message
or on the cheque memo line.**

Our committee meetings are held every Wednesday at 7:00 PM at the Ottawa Area Intergroup Office, Suite 108, Bronson Centre. All are welcome!

**FOR QUESTIONS, EMAIL DARLENE B. AT CHAIR@ALKATHON.CA
OR CALL REBECCA R. AT (416) 554-7688**